



## Celebrating March

**Irish American  
Heritage Month**

**Mad for Plaid Month**

**Women's History Month**

**Employee Appreciation  
Day**

*March 6*

**Iditarod Begins**

*March 7*

**Daylight Saving Time  
Begins**

*March 8*

**Plant a Flower Day**

*March 12*

**St. Patrick's Day**

*March 17*

**World Poetry Day**

*March 21*

**International Hug a  
Medievalist Day**

*March 31*

## A Broadway Classic Turns 70

Seventy years ago, on March 15, 1956, *My Fair Lady* opened on Broadway and quickly became one of the most celebrated productions in musical theater history. Its premiere at the Mark Hellinger Theatre marked the beginning of a record-setting run that helped define a golden era for the American stage.

Set in 1912 London, the story follows Eliza Doolittle's transformation from a struggling flower seller into someone confident enough to challenge the expectations placed on her. Although the original production reflected mid-20th-century attitudes, many modern viewers see Eliza's arc as a useful lens on empowerment—an idea that aligns neatly with March's Women's History Month. Her pushback against Professor Higgins feels more relevant now than ever.

The musical also offers a snapshot of a changing era. London in 1912 balanced Edwardian elegance with social tension. Suffrage activism was gaining momentum, fashion was beginning to loosen from restrictive styles, and the traditional class structure faced increasing scrutiny. While *My Fair Lady* presents these shifts with wit and charm, its backdrop hints at the larger societal forces shaping the characters' world.

Over the decades, the show's score has played a major role in its longevity. Songs like "I Could Have Danced All Night" and "Wouldn't It Be Lovely" became standards, recorded by a wide range of performers and woven into popular culture. The familiarity of the music keeps the show accessible, even for those who haven't seen a full production in years.

The anniversary arrives just ahead of World Theatre Day on March 27, a reminder of how live performance continues to bridge generations. Few shows have matched the musical's staying power; its songs and characters have been reinvented through revivals, films, and countless stagings across the globe. *My Fair Lady* still invites audiences to reflect on identity, opportunity, and the ways people reinvent themselves. For a production rooted in another century, its voice remains remarkably current—and still worth hearing.

## A Legacy of Laughs



Funny how men often think themselves funnier than women. Studies on humor between the genders have found that men's jokes are sometimes rated slightly funnier—but often it's other men who are laughing. Women, meanwhile, may quietly have the last laugh

on March 31, She's Funny That Way Day, a day celebrating comedians past and present.

Carole Lombard was a leading lady of old Hollywood, a natural beauty whose charm and comedic timing shone even when she took the occasional pie in the face. Barbara Stanwyck could play any role: glamorous dame, femme fatale, tough feminist, and yes, the madcap comedian. Both women were nominated for Oscars yet never won.

Any discussion of funny women must include Lucille Ball, often called the Queen of Comedy. Ball once told a *Rolling Stone* reporter, "I am not funny," though her millions of fans would beg to differ. Not only was she hilarious, she mentored another extraordinary comedian, Carol Burnett.

Many of these performers also changed the business behind the scenes. They pushed for better roles, wrote their own material, and shaped shows that reflected their voices rather than someone else's idea of what women should be. Their influence extends well beyond their punchlines, reminding us that real comedic power comes from having the freedom to tell your own story.

Like many of the men who came before them, no topic is too bold for these daring women. From Phyllis Diller to Joan Rivers to Whoopi Goldberg, to modern comedians such as Tina Fey, Kristen Wiig, Melissa McCarthy, Sarah Silverman, Mindy Kaling, Amy Poehler, Wanda Sykes, and Maya Rudolph, the list of talented women is truly endless—and so are the laughs.

## Dietary News

When bringing in items please keep them to an appropriate amount for your loved ones as we have had bulk items both premade and fresh come in and have had to throw them because of time restraints to use them. We also have limited space to store these items. All items should be checked in by kitchen staff or the charge nurse. For the time being we are not accepting large quantities of donated food to the kitchen. Thank you for your continued support!

**Tenikwa Cook**  
Dietary Supervisor

## Snack Storage Reminder

To Help Keep our residents' rooms clean, organized and pest free- especially as the weather warms up- we kindly ask that any snacks brought in be stored in a sealed container. This helps us maintain a safe and sanitary environment for everyone.

If you bring in temperature sensitive foods, please check them in with the Kitchen staff, as these items must be stored properly.

Thank you for helping us create a comfortable space for our residents.

**Katlyn Poots**  
Administrator



## Courtesy Counts



Many lament that common courtesy is not so common anymore. If someone you know is acting less than civil, March 21, Common Courtesy Day, is the perfect opportunity to tactfully share a few tips and reminders on how to treat others with respect.

Some point to technology as a major culprit in the decline of courtesy, especially as we've grown more tethered to our screens. Others see a broader cultural shift: When people feel rushed, stressed, or isolated, empathy tends to shrink. Researchers continue to note that young adults report feeling more pressure and less connection than in previous generations. Etiquette experts also observe that norms have loosened over time, sometimes in ways that make everyday interactions feel less considerate.

Across many countries, parents and teachers are trying to balance freedom with guidance, and the line can get blurry. When expectations around behavior become too vague, kids can miss out on learning how their actions affect others. The result can be the same everywhere: a little more self-focus, a little less awareness. Renewed interest in teaching social skills and emotional literacy suggests that people are recognizing the need to rebuild those habits.

If we don't practice empathy every day, we may have to rely on others to pass laws of courtesy for us. Restaurants declare "No Cell Phone Zones." Sports stadiums regulate fan conduct. New York City even imposes a fine on those who prop their feet on a subway train seat. Psychologist Marie Hartwell-Walker believes that even "faked" manners can teach empathy, that cornerstone of courtesy. Simple acts such as holding doors open, returning phone calls, treating clerks and cashiers with respect, and saying *please* and *thank you*—these daily reminders to consider others' feelings lay a foundation for building empathy.

**Wipes are not permitted in our facility. Even wipes labeled flushable can cause serious plumbing and sewer issues, leading to backups and costly repairs. To help keep our systems running smoothly and our environment safe please refrain from bringing any types into the building. Thank you for your understanding and cooperation in helping us maintain a safe and efficient facility for our residents.**

**Environmental Supervisor  
Katrina Bunts**

### Maintenance News

As warmer weather approaches, our maintenance team is preparing the facility for a safe and comfortable spring season. Over the next several weeks you may notice staff completing a variety of seasonal tasks to keep our building running smoothly.

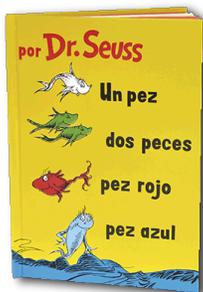
Families are welcome to bring in a recliner for their loved one: however we want to ensure that all furniture brought into the facility meets safety, cleanliness, and space requirements. Before bringing a recliner, please speak with the administrator Katlyn Poots so we can determine whether the chair is an appropriate size, safe for resident use, compatible with room layout and mobility needs. Thank you

**Paul Tiffany  
Maintenance Supervisor**



## Blast the Birthday Horn

On March 2, don't just wish Dr. Seuss a happy birthday. Do as they do in Dr. Seuss' fictional land of Katroo and let loose a "big blast on the big Birthday Horn!"



Theodor Seuss Geisel, known as Dr. Seuss, was never a doctor of anything. He called himself "doctor" because his father wanted him to study medicine. Thankfully, he pursued children's literature and in 1937 wrote his first book, *And to Think That I Saw It on Mulberry*

*Street*, debuting the pen name Dr. Seuss. The idea for the book struck Geisel while on an ocean voyage. The rhythm of the ship's engines inspired him to write the lines:

*And that is a story that no one can beat.  
And to think that I saw it on Mulberry Street.*

No fewer than 20 publishers rejected the book before Geisel showed it to an old college classmate, who was editor of children's books at the publishing house Vanguard Press. Dr. Seuss went on to write over 60 children's books (including some under the name Theo LeSieg), selling over 600 million copies in over 20 different languages.

What makes Dr. Seuss' books so enduring? Children's literature expert Ann Neely believes it is the books' readability. "Children can read Dr. Seuss books many, many times without tiring of the rhythms, the plot, or the art." Furthermore, Seuss' moral lessons appeal to young and old alike. Journalist Melissa Breyer believes adults have plenty to learn from Dr. Seuss. *Did I Ever Tell You How Lucky You Are?* teaches us that self-pity is an unnecessary indulgence. *The Lorax* reminds us that it's up to us to give a voice to the voiceless. Truly, Dr. Seuss' children's books may be more valuable to adults than his odd adult work, a humorous, slightly scandalous take on the legend of Lady Godiva, full of illustrations of the seven nudist Godiva sisters. That book, perhaps understandably, was Seuss' only major flop.

## March Birthdays

Donald Buckley 3/15

Sandra Krieg 3/19

Ray Tirado 3/19

## Staff Birthdays

Sophie Rose 3/5

Ashlyn Harbough 3/10

Jasmin Lazzell 3/17

Join us in celebrating our wonderful residents and staff with March birthdays! May your special day be filled with warm wishes, and moments that make you smile. We are grateful for each of you and hope the year ahead brings happiness, good health, and plenty of reasons to Celebrate.

