

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2022

Great River Care Center



								1
	2 WEAR YOUR PAJAMAS TO WORK 8:30am-Coffee & Conversation Crystal @ TP 9-10am 10:00am-Stretches 10:30am-Pillow Talk 11:00am-Manicures 1:30pm-Movie Matinee: Mrs. Doubtfire	3	4 9:00am-Noodle Exercise 10:00am-Wacky Wordies 11:00am-Current Events 1:30pm-Travelogue; Missouri	5 9:00am-Sit & Fit 10:00am-Bible Baptist Church 11:30am-Live Music w/Kurt & Linda Gjere 1:30pm-Cooking; Figs n Blanket	6 9:00am-Walk About 10:00am- 11:00am-Kinetic Sand 2:00pm-Happy Hour; Pizza & Beverages	7 9:00am-Chair Yoga 10:00am-Bingo 11:00am-Social Hour 1:30pm-History of Paul Revere Crystal @ TP 2-3pm		8
9 	10 8:30am-Coffee & Conversation Crystal @ TP 9-10am 10:00am-Stretches 11:00am-EZ Does it Trivia 1:00pm-Junk Drawer Detective		11 9:00am-Noodle Exercise 10:00am-Missing Letters 11:00am-Monarch Migration 1:00pm-Roger Miller Music 2:00pm-Catholic Mass	12 9:00am-Sit & Fit 10:00am-Morning Prayer 11:00am-Card Club 1:30pm-Zen Painting 5:00pm-Evening Activity	13 9:00am-Walk About 10:00am-Who am I?- Betty White Crystal @ TP 10:30-11:30am 2:00pm-Happy Hour; Pizza & Beverages	14 9:00am-Chair Yoga 10:00am-Bingo 11:00am-Social Hour 1:30pm-Quick Draw		15 WEAR A HAT DAY 10:00am-Making Snowmen
16	17 8:30am-Coffee & Conversation Crystal @ TP 9-10am 10:00am-Stretches 11:00am-Manicures 1:30pm-Movie Matinee: Happy Feet Martin Luther King Jr. Day	18 9:00am-Noodle Exercise 10:00am-Word Scramble 11:00am- 1:00pm- Which Happened Last?	19 9:00am-Sit & Fit 10:00am-Morning Prayer 11:00am-Coloring Group 1:30pm-Baking; Snowy Kiss Cookies	20 9:00am-Walk About 10:00am-Penguin Appreciation 11:00am-Craft; Snowman 2:00pm-Happy Hour; Pizza & Beverages	21 9:00am-Chair Yoga 10:00am-Bingo 11:00am-Social Hour Crystal @ TP 1-2pm 2:00pm-Chit Chat with Friends			22
23 NATIONAL ACTIVITY PROFESSIONALS' WEEK JANUARY 24 - 30, 2021 www.recreativresources.com	24 8:30am-Coffee & Conversation Crystal @ TP 9-10am 10:00am-Stretches 11:00am-Cranium Crunches 1:00pm-Zig Zag Zoom	25 9:00am-Noodle Exercise 10:00am-Crossword 11:00am- Reminiscence; Ice Skating 1:00pm-Just the Opposite	26 9:00am-Sit & Fit 10:00am-Morning Prayer 11:00am-Tid Bits about Australia 1:30pm-Card Club Australia Day (observed)	27 9:00am-Walk About 10:00am-Resident Council Crystal @ TP 11-12pm 2:00pm-Happy Hour; Pizza & Beverages	28 9:00am-Chair Yoga 10:00am-Bingo 11:00am-Social Hour 1:30pm-Craft; Valentines Door Decor			29
30 2:00pm-Luana Lutheran Church Service	31 8:30am-Coffee & Conversation Crystal @ TP 9-10am 10:00am-Stretches 11:00am-Manicures 1:30pm-Movie Matinee: Laurel & Hardy	<p>3rd: Staff & Residents can wear pajamas for Festival of Sleep Day!</p> <p>15th- Staff & Residents can wear a hat for National Hat Day!</p> <p>Every Friday all Staff may wear their Winter tops 😊</p> <p>January is Fun at Work month: Keep your eyes and ears peeled for unexpected shenanigans from the Residents!</p>						