

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2021

Great River Care Center



First Foot Day **1**  
New Year's Day

National Motivation & Inspiration Day **2**

Drinking Straw Day **3**

Trivia Day **4**  
AM – Timeless Trivia – New Years Trivia  
PM – Movie & Popcorn  
Evening Video Chats

Whipped Cream Day **5**

PM – Bingo & Social Hour

National Shortbread Day **6**

AM – Cooking – Traditional Scottish Shortbread  
Exercise – Hall Walk  
PM – Shortbread, Coffee & Reading Group

Bobblehead Day **7**

AM – Chair Yoga  
PM – Happy Hour

Argyle Day **8**

AM – Argyle Coloring Group  
Exercise- Chair Boxing  
PM – Bingo & Social Hour

Law Enforcement Appreciation Day **9**

Houseplant Appreciation Day **10**

National Clean Off Your Desk Day **11**

AM – Reminisce – Victory Gardens  
PM – Nails & Sentimental Serenity  
Evening Video Chats

Kiss a Ginger Day **12**

AM – Exercise  
PM – Bingo & Social Hour

National Sticker Day **13**

AM – Streaming Church  
Exercise – Hall Walk  
PM – Memory Magic

Dress Up Your Pet Day **14**

AM – Coloring Group  
PM – Happy Hour on Snack Cart

National Bagel Day **15**

AM – Card Sharks Exercises  
PM – Bingo & Social Hour

National Quinoa Day **16**

Evening Video Chats

Cable Car Day **17**

Evening Video Chats

Pooh Day **18**

AM – Millionaire Game  
PM – Movie & Popcorn  
Evening Video Chats

Popcorn Day **19**

AM – Coloring Group  
PM – Sentimental Reflections

Penguin Appreciation Day **20**

AM – Morning Prayer – Psalm 138  
Exercise – Hall Walk  
PM – Craft – Penguins

National Hugging Day **21**

AM – Coloring Group  
PM – Happy Hour on Snack Cart

Answer Your Cats Questions Day  
Happy Birthday, Gail! **22**

AM – Resident's Council  
Exercise – Chair Boxing  
PM – Bingo & Social Hour

National Pie Day **23**

Belly Laugh Day **24**

Activity Professionals Week

Inspire Your Heart with Art Day **31**

Evening Video Chats

Bubble Wrap Day **25**

AM – Craft – Stress Reliever Kits  
PM – Nails & Sentimental Serenity  
Evening Video Chats

National Plan for a Vacation Day **26**

AM – Coloring Group  
PM – Timeless Trivia

Australia Day (observed)

Chocolate Cake Day **27**

AM – Streaming Mass  
Exercise – Hall Walk  
PM – Cooking – Homemade Chocolate Mug Cakes

National Kazoo Day **28**

AM – Coloring Group  
PM – Happy Hour on Snack Cart

National Puzzle Day **29**

AM – Craft – Puzzle Piece Art Exercises  
PM – Bingo & Social Hour

Fruitcake Toss Day **30**

Evening Video Chats

All activities are subject to change